

In Denver Public Schools, we are committed to providing equitable and inclusive environments where we ensure that <u>all</u> of our students and families feel safe and socially and emotionally supported.

In light of recent local and national events surrounding immigration and refugees, we are aware some students and families are experiencing increased unease and uncertainty. In an effort to relieve these concerns, we have prepared a list of supports that DPS provides to students, families and educators during periods of high trauma and stress. We encourage you to review the list and take advantage of the resources offered.

Services Offered to Students and Families

If a student is struggling emotionally, please **contact your school** principal, psychologist, social worker, counselor or nurse so they may support the student. Services available include:

- Counseling and crisis supports for students and families
- Social-emotional interventions, such as grief counseling
- Resources for emergency food, clothing or housing
- Mindfulness practices are available for students who have experienced trauma in school. Programs include MindUp, Learning2Breathe and Mindful Schools.
- Support, resources and handouts for families following traumatic events, such as immigration issues or the death of a student.

Our **family and community engagement helpline** is available to help navigate student and family concerns. Email face@dpsk12.org or call 720-423-3054. Multilingual interpretation services are available.

We also recommend the following resources for students and families:

- Immigration Enforcement: Know Your Rights fact sheet (in multiple languages)
- <u>Due Process fact sheet</u> for immigrant families